



Jack and Jill Children's Center

Weekly Plan 24 July 2023 - 28 July 2023

Mon (24)	Tue (25)	Wed (26)	Thu (27)	Fri (28)
BREAKFAST Whole Unflavored Milk 1% Unflavored Milk, Mandarin Oranges, *Bagel w/ Cream Cheese (WG)	BREAKFAST Whole Unflavored Milk 1% Unflavored Milk, Banana, *French Toast Sticks (WGR)	BREAKFAST Whole Unflavored Milk 1% Unflavored Milk, Diced Peaches, *Blueberry Muffin (WGR)	BREAKFAST Whole Unflavored Milk 1% Unflavored Milk, Banana, *Mini Cini Pastry (WGR)	BREAKFAST Whole Unflavored Milk 1% Unflavored Milk, Cereal, Mixed Fruit
LUNCH Whole Unflavored Milk 1% Unflavored Milk, Chicken Nuggets (WGR), Mixed Vegetables, Diced Pears, Macaroni & Cheese	LUNCH Whole Unflavored Milk 1% Unflavored Milk, Turkey & Cheese Sandwich, Broccoli, Hawaiian Fruit Mix	LUNCH Whole Unflavored Milk 1% Unflavored Milk, Pizza, Corn, Sliced Apples	LUNCH Whole Unflavored Milk 1% Unflavored Milk, Rotini w/ Meat Sauce, Carrots, Diced Peaches, *Garlic Breadstick (WGR), Garlic Bread	LUNCH Whole Unflavored Milk 1% Unflavored Milk, Cheeseburgers, Baked Beans, Pineapple Tidbits
PM SNACK Water, Ritz Cracker, String Cheese, Sliced Apples	PM SNACK Water, Animal Crackers, Apple Sauce	PM SNACK Water, Cornbread Bread, Mixed Fruit Cup	PM SNACK *Banana Muffin (WGR), Yogurt, Water	PM SNACK Water, Cheeze Its, Apple Sauce